

The Emergency Services & Military Expo 2026

For Those That Serve
To Come Together



19 March, 2026



The RDS, Dublin



10 Sept, 2026



The Radisson Blu
Hotel, Athlone



New For 2026
Tech & Equipment

- Talks & Panel Discussions
- Trained Coaches
- Networking Opportunities
- Service Experts
- Industry Leaders
- Upskilling Options
- Finance & Wellbeing Advice

Media Partner



www.outofthebluetraining.com

Media Partnership of Expo 2026

'Emergency Services Ireland' has joined forces with The Emergency Services & Military Expo 2026, on 19 March at the RDS, Dublin. The event will include the official launch of the Irish Blue Light Awards, to recognise individuals and teams across the blue light services who demonstrate extraordinary commitment in protecting and serving our communities.

The Expo is Ireland's sole event specifically designed to support and guide emergency services and military personnel looking to advance within their current roles, discover new opportunities following retirement, or seeking out new careers.

"The event is about recognising the value of service, creating real opportunities, and ensuring people have the right information and support at every stage of their career," according to Stephen Moore, Expo Organiser and Founder of 'Out of the Blue Training & Employment Services'.

He founded 'Out of the Blue Training & Employment Services' in late 2023, after spending 20 years as a member of An Garda Síochána,

where he trained over 2,000 Gardaí on interview techniques.

This Expo in Dublin's RDS will be the fifth event to be rolled out by Stephen and his team, since the first one was held in April 2024.

The second event will follow later this year, taking place in the Radisson Hotel in Athlone on Thursday 10 September.

He says the Expo has "become an invaluable resource for everyone within the emergency and military services as they navigate their next career steps".

On the Agenda at Expo 2026:

- One-to-one coaching sessions
- Networking opportunities
- Service and industry leaders

- Upskilling and training options
- Expert financial advice
- Fitness and health guidelines
- Pension/Parity updates
- Tech & Equipment showcase

Keynote Speakers/Topics To-Date

- Nuala Moore – Resilience and decision-making when normal is the risk: Lessons from extreme environments.
- Michelle O'Toole & Brian Doyle – HUGS Community: Wellbeing for first responders and the people who support them: psychological first aid, peer support and practical tools.



A major highlight of the Expo in the RDS on 19 March will be the official launch of the Irish Blue Light Awards.

EMERGENCY SERVICES & MILITARY EXPO

- James Carty – The Operator’s Edge: Building sustainable high performance and a leadership culture that protects wellbeing in high-stakes roles.

Panel Discussions: Upskilling • A Life in Service • Transitioning from Service • Fair Pensions for Uniformed Services

Questions & Answers: The Expo will also include a dedicated Q&A forum, which will bring together both serving and former members of An Garda Síochána, the Defence Forces and Reserve, Fire and Emergency Services, Prison Service, Coast Guard, ambulance and medical services – alongside industry leaders, training and educational providers.



The second Emergency Services & Military Expo for 2026 will take place later this year in Athlone at the Radisson Blu Hotel on Thursday 10 September 2026.

WHAT THEY SAY



Exhibitors

“Having attended the first two ‘Out of the Blue Expos’, we will certainly be attending the third. The people who attend this particular expo are the people you want, they are serious people, and they listen to what you have to say. We could not have achieved such success in SETU this year without this particular expo”

Eamonn Sweeney Programme Manager SETU

“This is our second time at the Out of the Blue Expo. It is a great way to meet people looking to move on from their previous careers. It gives us an opportunity to meet a totally different pool of people who can bring expertise to our business”

Anthea Lalor HR Director Provincial Security Services

Attendees

“As I was approaching my retirement from An Garda Síochána I was wondering was there anything out there for me. Thankfully I met Stephen at the Out of the Blue Expo, we discussed a number of options. Now at 51 years of age I have started a course in UCD on Stephen’s advice and I am looking forward to my life outside the uniform”

Kevin Joyce An Garda Síochána

“I attended the Career Horizons Expo today and it has been absolutely brilliant, so informative. It has opened up so many avenues for me to explore, further careers, courses and loads more. For anybody who can go to one of these expos, do it, because it has opened up so much for me today”

Jenny McCarthy Former Police Officer

Speakers

“I spoke at the recent Cork Expo, an absolutely fantastic event. Great to see a space for people to come together to discuss their own transitions. Getting together as a community to learn from one another”

Seamus Fox Mindset & Human Behaviour Coach

“It was great speaking at the expo today. Anybody who attended today will definitely get something out of it. There was loads to see, in terms of vendors in the hall and lots of interesting speakers. It was a fantastic event”

Andy Mackin CEO The Mackin Group